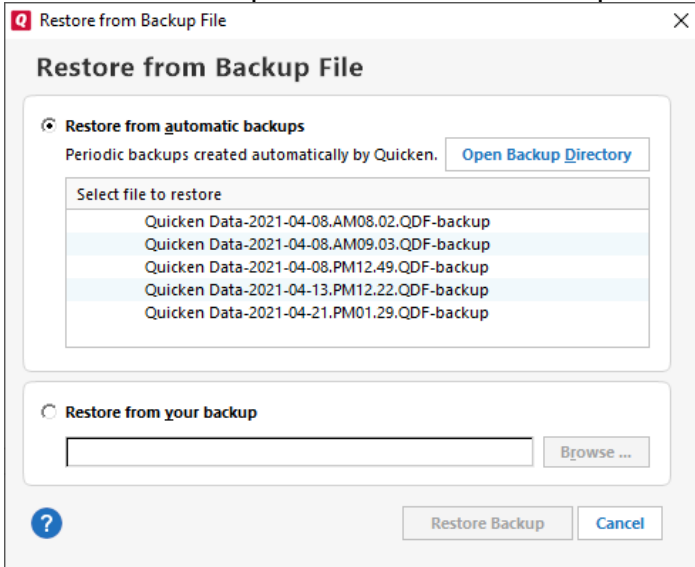# How do I restore a Quicken data file from a backup file?

It's a good idea to back up your work each time you use Quicken, even if you have plenty of space on your hard disk. If your hard disk fails, you'll need to restore your files. You can restore your Quicken data file from a variety of sources including USB drives, CDs, and DVDs.

To restore a Quicken data file:

1. Connect to the drive that contains your backup file, this could be your computer hard drive, a Dropbox drive, a USB drive or other backup media.
2. Choose **File** menu > **Backup and Restore** > **Restore from Backup File**. The **Restore from Backup File** screen will appear.

3. If you want to restore a backup file that Quicken created automatically for you, choose **Restore from automatic backups**, and then select one of the backup files listed.
4. If you want to restore a backup file that you created yourself, choose **Restore from your backup**, and then click **Browse** to locate your backup.
5. Select **Restore Backup**. This will overwrite your current file.

ⓘ **How do I recognize a Quicken backup file?**

A Quicken backup file has a .qdf-backup extension.

ⓘ **What does it mean to overwrite a file?**

Restoring the backup file replaces your current data with the data you've stored on your backup disk. Be aware that you will lose any changes you've made to your file since the backup was made. If you want to preserve the current file, you must rename the current file or create a copy of the file you're restoring.

ⓘ **How do I restore attachments?**

Attachments are backed up with your Quicken data file are automatically restored as part of the file restoration process.

ⓘ **How do I back up to USBs, CDs, and floppy disks**

Select the type of media are you using:

Removable (USB) drive

CD

Floppy disk

ⓘ

ⓘ **What if I need more help troubleshooting?**

Read this support site article for more information.
How to Back up or Restore Your Quicken Data